



DERABISH COLLEGE, DERABISH

Detail report on Capacity development and skills enhancement activities for improving students' capability

1. Soft skills
2. Language and communication skills
3. Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)
4. Awareness of trends in technology

(2018-19 to 2022-23)

	2022-23	2021-22	2020-21	2019-20	2018-19
LIFE SKILL (LS)	12		1	4	4
Soft Skill (SS)	0	6	3	2	4
Language Skill (LNS)	2	0	1	2	0
Technology Awareness	4	0	0	0	0
Total	18	6	5	8	8

NAME OF THE PROGRAMME- HOLISTIC HEALTH MANAGEMENT

DATE-18/12/2023

IN COLLABORATION WITH - **NEHERU YUVA KENDRA, KENDRAPARA, MINISTRY OF YOUTH AND SPORTS, GOVT. OF INDIA**

NO OF PARTICIPANTS: - **121**

AIM AND OBJECTIVES: -

AIMS-

1. To enhance the overall quality of the life by addressing physical mental and spiritual health in an integrated manner.
2. To encourage students to understand their bodies, minds and emotions and to focus on majors to reduce the risk of illness and promote long term health.

OBJECTIVES:-

1. Physical Health- To develop and implement personalised nutrition and exercise plans to promote practices that enhance physical vitality and energy.
2. Mental Health- To adopt strategies and techniques for managing stress and anxiety. To provide a counselling to address emotional wellbeing.



(PHOTO FOR HOLISTIC HEALTH MANAGEMENT DT. 18/12/23)

NAME OF THE PROGRAMME- SOCIAL LEADERSHIP (BLOOD DONATION)

DATE-15/12/2023

IN COLLABORATION WITH - NEHERU YUVA KENDRA, KENDRAPARA, MINISTRY OF YOUTH AND SPORTS, GOVT. OF INDIA

NO OF PARTICIPANTS: - 189

NO OF UNITS BLOOD COLLECTED: - 101

AIM AND OBJECTIVES: -

AIMS-

1. To provide a critical resource of patient in need of blood transfusion to save their lives
2. To ensure steady and adequate supply of blood to meet the needs of hospitals and healthcare facility.

OBJECTIVES:

1. To increase donor participations implementing campaigns and educating students and public about the safety and impact of blood donation.
2. To monitor and manage blood inventory to ensure a consistent and sufficient supply.

The aims and objectives help ensure that blood donation is an effective safe and inclusive practice to meet the needs of patients.



BLOOD BANK STAFF OF SCB MEDICAL COLLEGE, CUTTACK COLLECTING AT DERABIS COLLEGE, DERABIS, KENDRAPARA

NAME OF THE PROGRAMME- ROAD SAFETY AWARENESS

DATE-20/11/2023

IN COLLABORATION WITH - NEHERU YUVA KENDRA, KENDRAPARA, MINISTRY OF YOUTH AND SPORTS, GOVT. OF INDIA

NO OF PARTICIPANTS: - 173

AIMS AND OBJECTIVES: -

AIMS: -

1. To reduce traffic accidents, to promote safe driving behaviours and to protect lives of road users.
2. To create a wide spread understanding of road safety principles among all road users.

OBJECTIVES: -

1. To educate public on traffic laws,safe driving practices.
2. To raise awarness about the specific risk and safety measures for pedasteals, cyclists and motorcyclists.



(ROAD SAFETY AWARENESS DATE-20.11.2023)

NAME OF THE PROGRAMME- SELF DEFENCE TRAINING

DATE-12.01.2023 to 21.01.2023

ORGANISING AGENCY: - DERABIS COLLEGE, DERABIS
MASTER TRAINER: - BANYA BEHERA, SOUDAMINEE PAGAL
NO OF PARTICIPANTS: - 50

AIMS AND OBJECTIVES: -

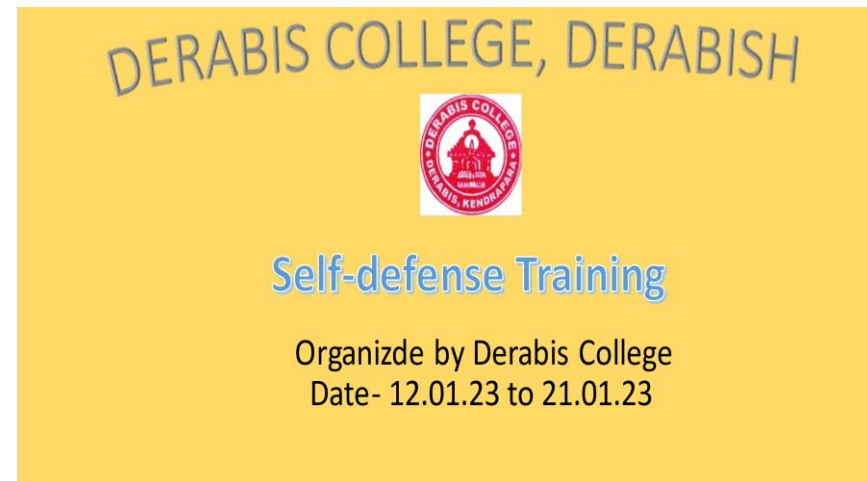
AIMS: -

1. To enhance personal safety of college girls equipping them with skills and knowledge to protect themselves from potential threats and dangerous situation.
2. To build self confidence and empowerment through practical self defence techniques and awareness training.

OBJECTIVES: -

1. To teach girl students effective physical techniques such as strikes, blocks and escapes and use of common objects for self defence
2. To educate girl students on identifying and avoiding risky situation

These aims and objectives help ensure that college girls will be prepared, confident and capable of protecting themselves while promoting a safe and supportive campus environment.



SELF DEFENCE TRAINING DATE -12.01.23 TO 21.01.23

NAME OF THE PROGRAMME- COMMUNICATION TO ELDERLY PEOPLE

ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA

DATE-05.11.2022 to 28.01.2023

NAME OF RESOURCE PERSON: -SAROJ KUMAR SAHOO, CHAIRPERSON, IPER, BBSR

NO OF PARTICIPANTS: - 52

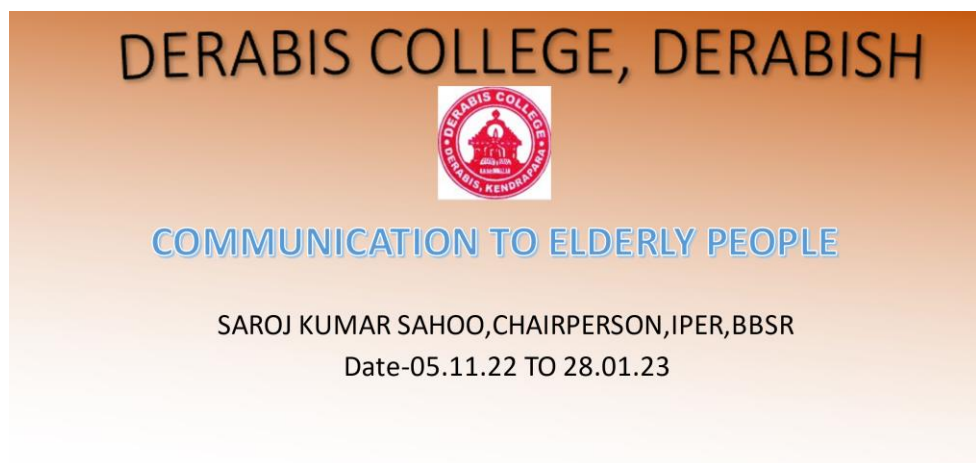
AIMS AND OBJECTIVES: -

AIMS: -

1. Students will learn how to communicate with elderly people with clear respectful and meaningful manner.
2. Students will understand how to strengthen connections and trust through empathetic and patient communication with elderly people.

OBJECTIVES: -

1. To adopt communication style i.e to speak slowly clearly using simple language.
2. To show respect and empathy, to involve them in conversation to remain patient and to build trust with elderly people.



NAME OF THE PROGRAMME- VILLAGE NEWS ANCHOR
ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA

DATE-03.11.2022 to 27.01.2023

NAME OF RESOURSE PERSON: -SAROJ KUMAR SAHOO, CHAIRPERSON, IPER, BBSR

NO OF PARTICIPANTS: - 45

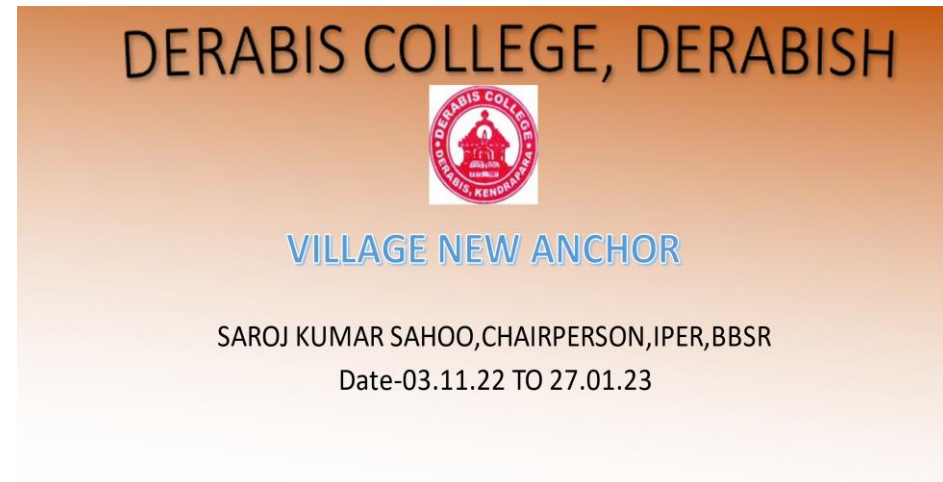
AIMS AND OBJECTIVES: -

AIMS: -

1. Enhance students' abilities to deliver news clearly and effectively, including mastering articulation, tone, and pacing.
2. Increase students' understanding of rural issues and cultural nuances, helping them connect better with the audience.

OBJECTIVES: -

1. Provide an overview of news anchoring techniques, including script preparation, delivery styles, and audience engagement.
2. Teach students how to research and gather news stories relevant to rural communities.



VILLAGE NEW ANCHOR DATE-03.11.22 TO 27.01.23

NAME OF THE PROGRAMME- e-Text PUBLISHING(ICT)
ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA

DATE-02.11.2022 to 31.01.2023

NAME OF RESOURSE PERSON: -SAROJ KUMAR SAHOO, CHAIRPERSON, IPER, BBSR

NO OF PARTICIPANTS: - 21

AIMS AND OBJECTIVES: -

AIMS: -

1. Provide students with a foundational understanding of e-text publishing, including its importance and applications in the digital age.
2. Each student how to make e-texts accessible to a diverse audience, including individuals with disabilities.

OBJECTIVES: -

1. Explain the concept of e-text publishing, including the different formats (e.g., EPUB, PDF) and platforms (e.g., Amazon Kindle, Apple Books).
2. Provide hands-on training with e-text publishing tools and software, such as Adobe InDesign, Calibre, and various content management systems (CMS).



NAME OF THE PROGRAMME- e-TEXT EDITING(ICT)
ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA

DATE-01.11.2022 to 31.01.2023

NAME OF RESOURSE PERSON: -SAROJ KUMAR SAHOO, CHAIRPERSON, IPER, BBSR

NO OF PARTICIPANTS: - 21

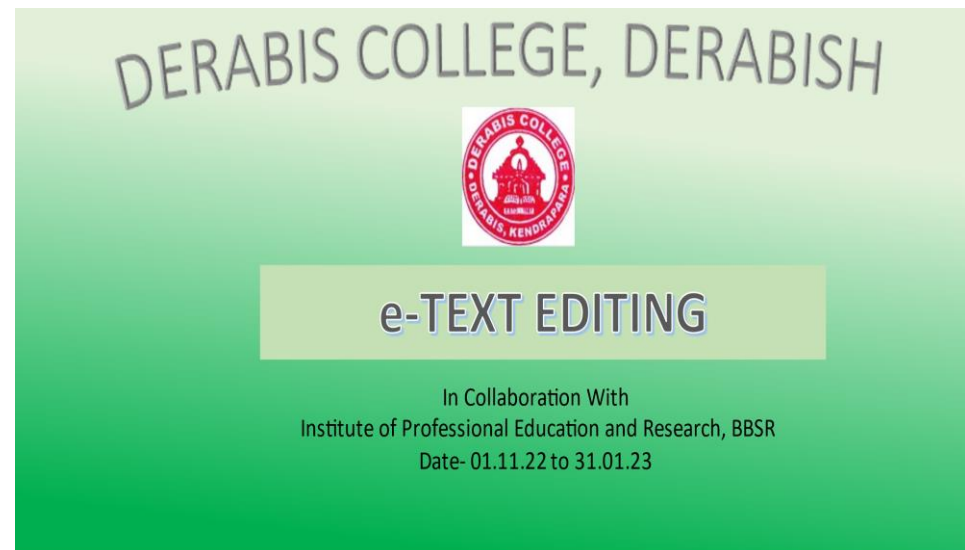
AIMS AND OBJECTIVES: -

AIMS: -

1. Provide students with knowledge of different e-text formats and the specific editing requirements for each.
2. Develop students' attention to detail, focusing on elements such as grammar, punctuation, and formatting in digital texts.

OBJECTIVES: -

1. Define the role of an e-text editor and the key responsibilities involved.
2. Discuss the unique challenges and considerations when editing digital content versus print.



NAME OF THE PROGRAMME- POSITIVE THINKING (YOGA)
ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA

DATE-03.07.2022 to 09.07.2022

NAME OF MASTER TRAINER:- STITHI MALLICK

NO OF PARTICIPANTS: - 24

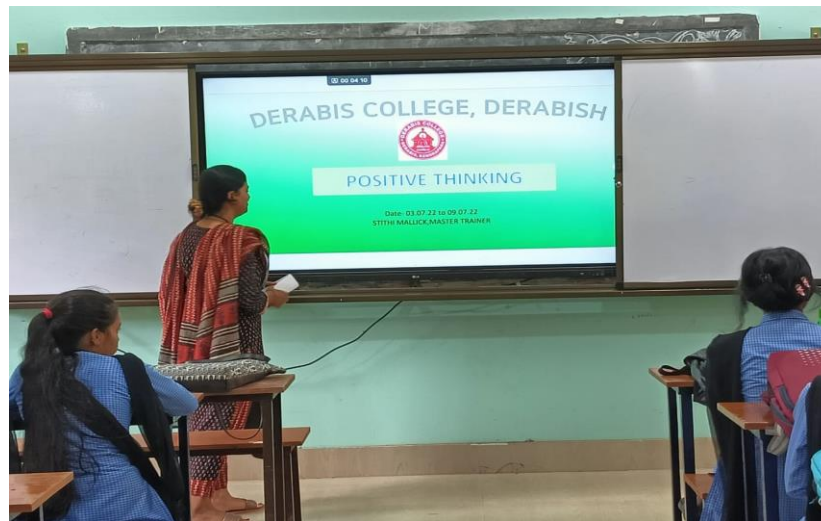
AIMS AND OBJECTIVES: -

AIMS: -

1. Enhance students' concentration and cognitive function by integrating mindfulness and positive thinking techniques.
2. Improve physical health, emotional stability, and mental clarity through regular practice of yoga and positive thinking exercises.

OBJECTIVES: -

1. Each student to use positive affirmations to reinforce self-belief and optimism.
2. Teach students to use visualization techniques to set and achieve goals, enhancing motivation and focus.



(POSITIVE THINKING YOGA DATE-03.07.22 TO 09.07.22)

NAME OF THE PROGRAMME- PLANTATION

IN COLLABORATION WITH NEHERU YUVA KENDRA , KENDRAPARA,MINISTRY OF YOUTH AND SPORTS,GOVT. OF INDIA

DATE-05/06/2022

NO OF PARTICIPANTS: - 39

AIMS AND OBJECTIVES: -

AIMS: -

1. Increase students' understanding of environmental issues and the importance of trees and plants in maintaining ecological balance.
2. Involve students in community-based projects that promote environmental stewardship and teamwork.

OBJECTIVES: -

1. Explore how plants interact with other elements of the environment, including animals, soil, and water.
2. Teach and practice sustainable gardening techniques, such as composting, water conservation, and organic farming.



PLANTATION DATE-05.06.2022

NAME OF THE PROGRAMME- SELF DEFENSE TRAINING

ORGANISING AGENCY: - DERABIS COLLEGE, DERABIS

DATE-18/04/22 TO 23/04/22

MASTER TRAINER: - PADMA BAHADUR (TIKUNDU TRAINER)

NO OF PARTICIPANTS: - 50

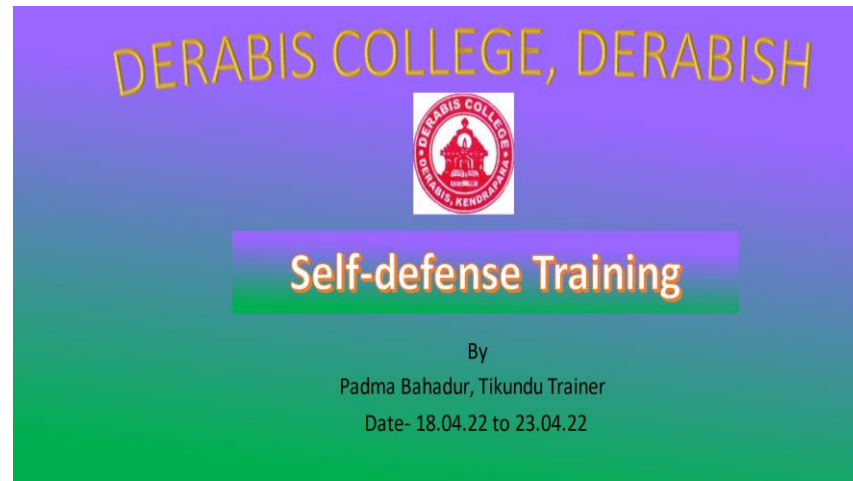
AIMS AND OBJECTIVES: -

AIMS: -

1. Increase students' self-confidence by teaching them how to respond effectively to threats and challenges.
2. Educate students on recognizing potential dangers and taking preventive measures to avoid risky situations.

OBJECTIVES: -

1. Help students develop quick thinking and decision-making skills to handle emergency situations.
2. Promote consistent practice of self-defence techniques to build muscle memory and improve skill retention.



SELF DEFENCE DATE-18/04/22 TO 23/04/22

NAME OF THE PROGRAMME- EMPATHY EXERCISE (BLOOD DONATION) IN COLLABORATION WITH NEHERU YUVA KENDRA , KENDRAPARA,MINISTRY OF YOUTH AND SPORTS,GOVT. OF INDIA

DATE-14/03/2022

NO OF PARTICIPANTS: - 42

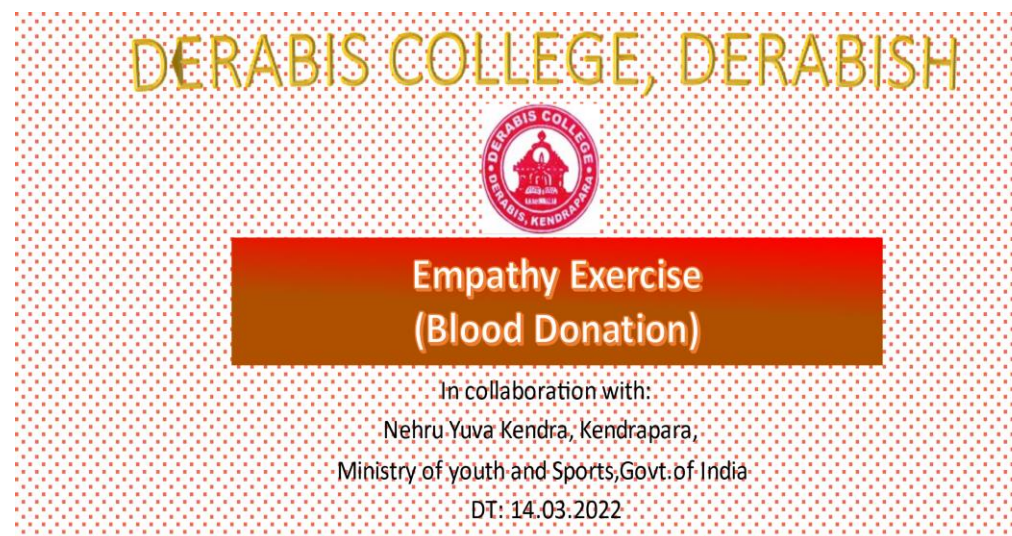
AIMS AND OBJECTIVES: -

AIMS: -

1. Encourage a culture of selflessness and generosity through acts of service, such as blood donation.
2. Educate students about the critical role of blood donation in saving lives and supporting healthcare systems.

OBJECTIVES: -

1. Educate students about the safe practices involved in donating blood and the importance of proper health and hygiene.
2. Provide opportunities for students to reflect on their experiences and feelings about participating in blood donation drives.



BLOOD DONATION CAMP DATE-14.03.22

NAME OF THE PROGRAMME- **FIT INDIA RALLY**

IN COLLABORATION WITH NEHERU YUVA KENDRA , KENDRAPARA,MINISTRY OF YOUTH AND SPORTS,GOVT. OF INDIA

DATE-18/01/2022

NO OF PARTICIPANTS: - 112

AIMS AND OBJECTIVES: -

Aims:

1. Encourage people to engage in regular physical exercise and activities to improve overall health and well-being.
2. Educate participants about the importance of a balanced diet, regular exercise, and healthy lifestyle choices.

Objectives:

1. Plan and execute a variety of fitness activities during the rally, such as walks, runs, cycling events, yoga sessions, and aerobics classes.
2. Offer workshops, seminars, or informational sessions about nutrition, exercise routines, and healthy lifestyle choices.



FIT INDIA RALLY DATE-18.01.2022

NAME OF THE PROGRAMME- PHYSICAL FITNESS

ORGANISING AGENCY: - DERABIS COLLEGE, DERABIS

DATE-03/01/22 TO 09/01/22

MASTER TRAINER: - STITHI MALLICK

NO OF PARTICIPANTS: - 24

AIMS AND OBJECTIVES: -

Aims:

1. Improve students' overall physical health, including cardiovascular fitness, strength, flexibility, and endurance.
2. Foster better mental health by reducing stress, anxiety, and depression through regular physical activity.

Objectives:

1. Ensure that students participate in regular physical activities, such as sports, gym sessions, or physical education classes, to meet recommended exercise guidelines.
2. Provide education on the benefits of physical fitness, proper exercise techniques, and the importance of maintaining a balanced diet and adequate hydration.

By focusing on these aims and objectives, physical fitness programs can significantly contribute to students' physical health, mental well-being, academic success, and overall development.



(PHYSICAL FITNESS DATE-03.01.22 TO 09.01.22)

NAME OF THE PROGRAMME- HEALTH AWARENESS PROGRAM ON GIRL

ORGANISING AGENCY: - DERABIS COLLEGE, DERABIS

DATE-31/12/21

MASTER TRAINER: - STITHI MALLICK

NO OF PARTICIPANTS: - 48

AIMS AND OBJECTIVES: -

Aims:

1. Provide girls with accurate and age-appropriate information about physical, mental, and sexual health.
2. Equip girls with the knowledge and skills necessary to make informed decisions about their health and well-being.

Objectives:

1. Conduct interactive workshops, seminars, and discussions to engage girls and provide them with practical knowledge and skills.
2. Regularly assess the effectiveness of the health awareness programs and make adjustments based on feedback and changing needs.

These aims and objectives, health awareness programs for girls can significantly contribute to their physical and mental well-being, help them make informed health choices, and support their overall development.



(HEALTH AWARENESS PROGRAM ON GIRL DATE-31.12.2021)

NAME OF THE PROGRAMME- ENVIRONMENT AWARENESS

IN COLLABORATION WITH NEHERU YUVA KENDRA , KENDRAPARA,MINISTRY OF YOUTH AND SPORTS,GOVT. OF INDIA

DATE-27/11/2021

NO OF PARTICIPANTS: - 30

AIMS AND OBJECTIVES: -

Aims:

1. Increase students' understanding of environmental issues, ecosystems, and the impact of human activities on the planet.
2. Engage students in hands-on activities and projects that contribute to environmental conservation and improvement.

Objectives:

1. Educate students on the causes and effects of climate change and discuss ways to mitigate its impact through individual and collective actions.
2. Encourage the use of eco-friendly transportation options such as walking, biking, carpooling, or using public transportation.

By focusing on these aims and objectives, environmental awareness programs can effectively educate students about environmental issues, foster a culture of sustainability, and inspire them to take meaningful actions to protect the planet.



(ENVIRONMENT AWARENESS PROGRAMME DATE-27/11/2021)

NAME OF THE PROGRAMME- **CAMPUS CLEANING**

IN COLLABORATION WITH NEHERU YUVA KENDRA , KENDRAPARA,MINISTRY OF YOUTH AND SPORTS,GOVT. OF INDIA

DATE-04/11/2021

NO OF PARTICIPANTS: - 18

AIMS AND OBJECTIVES: -

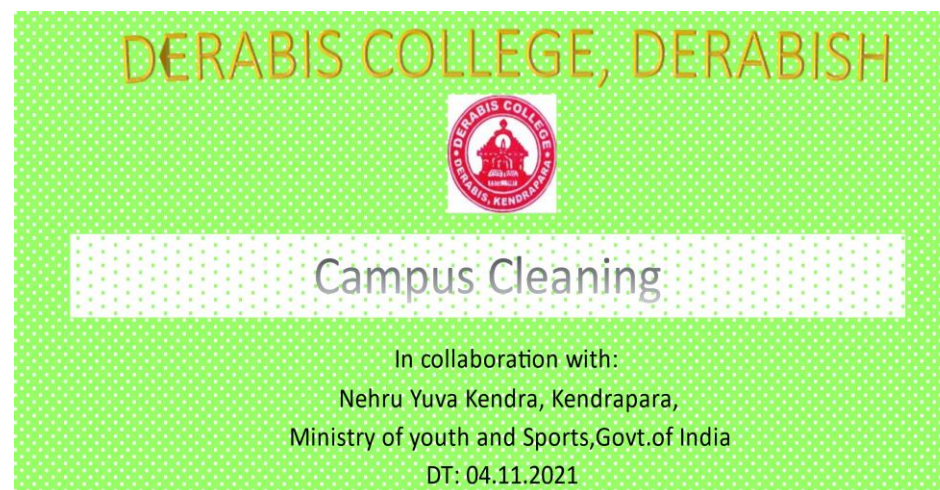
Aims:

1. Ensure that the campus environment is clean, safe, and conducive to learning by removing litter and managing waste effectively.
2. Encourage students to take pride in their surroundings and develop a sense of responsibility for the cleanliness of their campus.

Objectives:

1. Schedule and coordinate regular campus cleaning days or events to address litter and waste accumulation systematically.
2. Teach students about proper waste segregation practices, including recycling, composting, and disposal of hazardous materials.

These aims and objectives, campus cleaning programs can significantly contribute to a healthier, more pleasant learning environment while fostering a culture of responsibility and environmental stewardship among students.



CAMPUS CLEANING DATE-04.11.2021

NAME OF THE PROGRAMME- **PROBLEM SOLVING**

ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA

DATE-03.11.2021 to 29.01.2022

NAME OF RESOURCE PERSON: -SAROJ KUMAR SAHOO, CHAIRPERSON, IPER, BBSR

NO OF PARTICIPANTS: - 53

AIMS AND OBJECTIVES: -

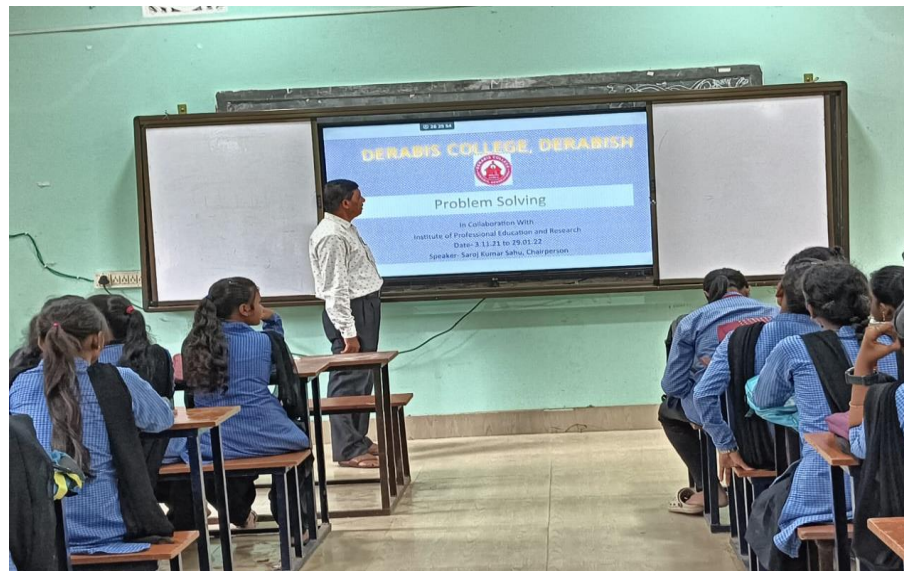
Aims:

1. Enhance students' ability to analyse, evaluate, and synthesize information to make reasoned decisions and solve problems effectively.
2. Foster creativity and innovation by encouraging students to think outside the box and explore various solutions to problems.

Objectives:

1. Engage students with real-world problems and scenarios relevant to their lives and interests to make problem-solving exercises more meaningful.
2. Provide opportunities for both individual and group problem-solving activities to develop students' ability to work independently and collaboratively.

The aims and objectives, educators can help students develop robust problem-solving skills that are essential for academic success, personal growth, and future professional endeavours.



(PROBLEM SOLVING DATE-03.11.21 TO 29.01.22)

NAME OF THE PROGRAMME- YOGA FOR RURAL STUDENTS

ORGANISING AGENCY: - DERABIS COLLEGE, DERABIS

DATE-03/01/20 TO 09/01/20

MASTER TRAINER: - STITHI MALLICK

NO OF PARTICIPANTS: - 24

AIMS AND OBJECTIVES: -

Aims:

1. Improve students' overall physical health by enhancing flexibility, strength, and coordination through regular yoga practice.
2. Foster mental and emotional health by reducing stress, anxiety, and depression, and improving concentration and mood.

Objectives:

1. Assess the impact of yoga on students' physical and mental well-being through feedback and observation, and make adjustments to the program as needed.
2. Develop a sustainable yoga program that can be continued and adapted by local educators and community members to ensure long-term benefits.

The aims and objectives, yoga programs for rural students can contribute significantly to their overall health, well-being, and personal development.



(YOGA FOR RURAL STUDENTS DATE-03.01.20 TO 09.01.20)

NAME OF THE PROGRAMME- SELF DEFENSE TRAINING

ORGANISING AGENCY: - DERABIS COLLEGE, DERABIS

DATE-21/12/19 TO 07/01/20

MASTER TRAINER: - PADMA BAHADUR (TIKUNDU TRAINER)

NO OF PARTICIPANTS: - 50

AIMS AND OBJECTIVES: -

AIMS: -

1. Increase students' self-confidence by teaching them how to respond effectively to threats and challenges.
2. Educate students on recognizing potential dangers and taking preventive measures to avoid risky situations.


OBJECTIVES: -

1. Help students develop quick thinking and decision-making skills to handle emergency situations.
2. Promote consistent practice of self-defence techniques to build muscle memory and improve skill retention.

Self-defence training can help students develop the skills and confidence they need to protect themselves.



DERABIS COLLEGE, DERABISH



Self-defence Training

By
Padma Bahadur, Tikundu Trainer
Date- 21.12.19 to 07.01.20

SELF DEFENCE TRAINING 21.12.19 TO 07.01.20

NAME OF THE PROGRAMME- **BUSINESS COMMUNICATION (ENGLISH)**

ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA

DATE-06.11.2019 to 27.12.2019

NAME OF RESOURCE PERSON: -SAROJ KUMAR SAHOO, CHAIRPERSON, IPER, BBSR

NO OF PARTICIPANTS: - 63

AIMS AND OBJECTIVES: -

Aims:

1. Develop students' skills in writing various business documents, such as emails, reports, proposals, and presentations.
2. Help students understand and navigate communication styles and practices in a global business environment.

Objectives:

1. Familiarize students with digital communication tools and platforms commonly used in the business world, such as video conferencing and collaborative software.
2. Regularly assess students' communication skills through practical exercises and provide opportunities for self-reflection and improvement.

By focusing on these aims and objectives, business communication (English) courses can effectively prepare students for successful careers in the business world.



(BUSINESS COMMUNICATION ENGLISH DATE-6.11.2019 TO 27.12.2019)

NAME OF THE PROGRAMME- **LEADERSHIP (BUSINESS COMMUNICATION)** *ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA*

DATE-04.11.2019 to 30.01.2020

NAME OF RESOURCE PERSON: -PRAVAKAR DASH, ASST. PROF. IN ENGLISH, HNS MAHAVIDYALAYA, CHANDOL, KENDRAPARA

NO OF PARTICIPANTS: - 59

AIMS AND OBJECTIVES: -

- Aims:**
1. Equip students with fundamental leadership skills such as decision-making, problem-solving, and effective communication.
 2. Encourage self-awareness and personal development to help students understand their strengths and areas for improvement as leaders.

- Objectives:**
1. Offer mentorship and constructive feedback from experienced leaders to guide students' development and enhance their leadership abilities.
 2. Teach students to adapt to changing circumstances and overcome obstacles, emphasizing the importance of resilience in leadership.

By focusing on these aims and objectives, leadership training can effectively prepare students for future leadership roles, helping them develop the skills, confidence, and ethical framework necessary to lead and inspire others in various contexts.



(LEADERSHIP BUSINESS COMMUNICATION DATE-4.11.19 TO 30.1.20)

NAME OF THE PROGRAMME- GENDER EQUALITY FOR SUSTAINABLE TOMORROW

IN COLLABORATION WITH NEHERU YUVA KENDRA, KENDRAPARA, MINISTRY OF YOUTH AND SPORTS, GOVT. OF INDIA

DATE-19/08/2019

NO OF PARTICIPANTS: - 35

AIMS AND OBJECTIVES: -

Aims:

1. Ensure that all individuals, regardless of gender, have equal access to opportunities and resources in education, employment, and other areas.
2. Foster an inclusive environment where both women and men can contribute to and benefit from economic, social, and political development.

Objectives:

1. Engage communities in discussions and initiatives that promote gender equality and challenge discriminatory practices and attitudes.
2. Conduct research and collect data on gender disparities to inform policies and measure progress towards achieving gender equality.

To promote gender equality can lead to more equitable, inclusive, and sustainable development, benefiting individuals.



(GENDER EQUALITY FOR SUSTAINABLE TOMORROW DATE-19.08.2019

NAME OF THE PROGRAMME- MY HEALTH MY HAND

ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA

DATE-21.06.2019

NAME OF RESOURCE PERSON: -DR. RAGHUNATH OJHA, C.H.C, DERABIS, KENDRAPARA

NO OF PARTICIPANTS: - 84

AIMS AND OBJECTIVES: -

Aims:

1. Increase students' awareness about the importance of maintaining good health and making informed health decisions.
2. Foster habits and behaviours that contribute to overall well-being, including balanced nutrition, regular exercise, and mental wellness.

Objectives:

1. Encourage regular participation in physical activities and sports to improve students' fitness levels and overall health.
2. Educate students about balanced nutrition, portion control, and the benefits of eating a variety of healthy foods.

The "My Health My Hand" program can effectively empower students to take control of their health, make informed choices, and foster a culture of wellness that benefits both individuals and the wider school community.



(MY HEALTH MY HAND DATE-21.06.2019)

**NAME OF THE PROGRAMME- CONFIDENCE BUILDING
IN COLLABORATION WITH GLOBAL INSTITUTE OF ENGINEERING AND MANAGEMENT,
BHUBANESWAR, ODISHA**

DATE-24/04/2019

NO OF PARTICIPANTS: - 60

AIMS AND OBJECTIVES: -

Aims:

1. Build resilience and self-reliance by helping students develop a positive mindset and effective coping strategies for challenges.
2. Support students in identifying their strengths, setting personal goals, and pursuing their interests and passions with confidence.

Objectives:

1. Help students recognize and appreciate their strengths and past achievements to build a foundation for confidence.
2. Guide students in setting realistic, achievable goals and developing action plans to accomplish them, fostering a sense of purpose and direction.

The aims and objectives, confidence-building programs can effectively help students develop a strong sense of self-assurance, improve their performance.



(PROGRAMME ON CONFIDENCE BUILDING DATE-24/04/2019)

NAME OF THE PROGRAMME- SOCIAL ETHICS & RESPONSIBILITY (PLASTIC FREE CAMPAIGN) *ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA*

DATE-02.01.2019

NAME OF RESOURCE PERSON: -RUPALI MUDULI , ACADEMICIAN

NO OF PARTICIPANTS: - 54

AIMS AND OBJECTIVES: -

Aims:

1. Educate students on the environmental and health impacts of plastic pollution and the importance of reducing plastic use.
2. Encourage students to adopt and advocate for sustainable practices, including reducing, reusing, and recycling plastics.

Objectives:

1. Provide information on the effects of plastic pollution on ecosystems, wildlife, and human health through presentations, workshops, and educational materials.
2. Highlight and promote alternatives to single-use plastics, such as reusable bags, bottles, and containers, and educate students on their benefits.

By focusing on these aims and objectives, a "Plastic Free Campaign" can effectively educate students, foster responsible behaviour, and contribute to a sustainable and environmentally conscious school community.



(PLASTIC FREE CAMPAIGN ON DATE.-02/01/19)

NAME OF THE PROGRAMME- EMPLOYABILITY AND SKILL DEVELOPMENT PROGRAM

ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA

DATE-12.01.2019

NAME OF RESOURCE PERSON: -SAROJ KUMAR SAHOO, CHAIRPERSON, IPER, BBSR

NO OF PARTICIPANTS: - 48

AIMS AND OBJECTIVES: -

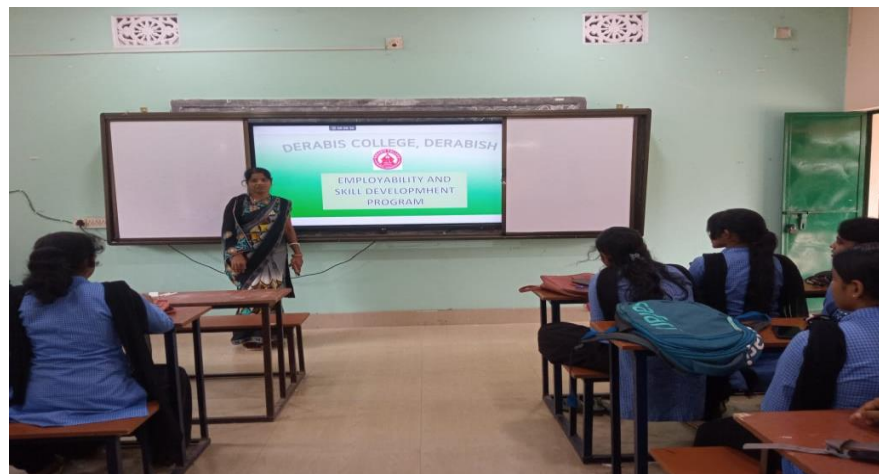
Aims:

1. Increase students' employability by developing a range of skills that are valued by employers, thereby improving their chances of securing and maintaining employment.
2. Support students in identifying their career goals and providing guidance on how to achieve them, promoting ongoing personal and professional development.

Objectives:

1. Focus on developing essential soft skills, including communication, leadership, time management, and adaptability, through interactive activities and role-playing.
2. Offer seminars and workshops featuring industry experts who can provide insights into current trends, job market demands, and emerging career opportunities.

An Employability and Skill Development Program can effectively prepare students for successful careers, helping them to acquire the skills and experience needed to thrive in their chosen fields.



(SKILL DEVELOPMENT PROGRAM ON DTD.-12.01.2019)

NAME OF THE PROGRAMME- **FINANACIAL LITERACY**

ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA

DATE-16.01.2019

NAME OF RESOURSE PERSON: -GANGADHAR SAHOO, ASST. PROF. POL. SCIENCE , EVENING COLLEGE,KENDRAPARA

NO OF PARTICIPANTS: - 30

AIMS AND OBJECTIVES: -

Aims:

1. Provide students with a solid understanding of fundamental financial concepts, including budgeting, saving, investing, and managing debt.
2. Encourage responsible and informed financial behaviour by teaching students how to make sound financial decisions and avoid common pitfalls.

Objectives:

1. Prepare students for financial independence by discussing topics such as student loans, renting or buying a home, and managing personal finances in the context of employment.
2. Encourage students to reflect on their financial learning and periodically assess their financial goals and progress.

By focusing on these aims and objectives, a financial literacy program can effectively prepare students to handle their financial responsibilities confidently and competently, setting the foundation for a financially secure future.



(FINANCIAL LITERACY

DATE-16/01/2019)

NAME OF THE PROGRAMME- SELF DEFENSE TRAINING

ORGANISING AGENCY: - DERABIS COLLEGE, DERABIS

DATE-21/12/18 TO 07/01/19

MASTER TRAINER: - SARAT CHANDRA PRUSTY, PET, DERABIS COLLEGE, DERABIS

NO OF PARTICIPANTS: - 50

AIMS AND OBJECTIVES: -

Aims:

1. Improve students' physical fitness, coordination, and agility through regular self-defence practice.
2. Teach students to use self-defence techniques responsibly and only in appropriate situations, emphasizing the importance of de-escalation and seeking help.

Objectives:

1. Promote the importance of regular practice and physical conditioning to maintain and enhance self-defence skills.
2. Help students prepare mentally and emotionally for the possibility of a confrontation, including stress management and maintaining composure.

By focusing on these aims and objectives, self-defence training can provide students with valuable skills for personal protection, boost their confidence.



SELF DEFENCE TRAINING PROGRAMME DATE-21/12/2018 TO 07/01/2019

NAME OF THE PROGRAMME- FINANACIAL MANAGEMENT IN EVERYDAY LIFE
ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA

DATE-10.12.2018

NAME OF RESOURSE PERSON: -CHANDRA SEKHAR NAYAK, PRINCIPAL, AUL COLLEGE

NO OF PARTICIPANTS: - 40

AIMS AND OBJECTIVES: -

Aims:

1. Equip students with a comprehensive understanding of financial concepts and practices necessary for effective personal finance management.
2. Encourage the adoption of positive financial behaviours and practices that contribute to long-term financial stability and success.

Objectives:

1. Help students set financial goals, both short-term and long-term, and develop plans to achieve them, including understanding the importance of financial planning.
2. Introduce basic concepts related to taxes, including how they are calculated and the importance of tax planning and filing.

By focusing on these aims and objectives, a financial management program can effectively prepare students to handle their personal finances with confidence and competence, setting the stage for a financially secure future.



(FINANCIAL MANGEMENT TRAINING PROGRAME DATE-10/12/2018)

NAME OF THE PROGRAMME- IMPORTANCE OF HUMAN RIGHTS

ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA

DATE-20.12.2018

NAME OF RESOURCE PERSON: -BIKRAM KUMAR PARIDA, ASST. PROF., NIKIRAI COLLEGE, NIKIRAI

NO OF PARTICIPANTS: - 92

AIMS AND OBJECTIVES: -

Aims:

1. Increase students' understanding of basic human rights principles and their relevance in everyday life.
2. Cultivate a culture of respect, empathy, and tolerance for diverse backgrounds and perspectives among students.

Objectives:

1. Foster critical thinking and debate on human rights issues, encouraging students to analyse different viewpoints and consider ethical implications.
2. Equip students with practical skills for advocating for human rights, including how to participate in campaigns, write to policymakers, and raise awareness about human rights issues.

The aims and objectives, education on the importance of human rights can foster a more informed, compassionate, and active generation that values and upholds human dignity and justice for all.



(IMPORTANCE OF HUMAN RIGHTS DATE-20/12/2018)



NAME OF THE PROGRAMME- STRESS MANAGEMENT

ORGANISING AGENCY: - DERABIS COLLEGE, DERABIS

DATE-21/06/18

MASTER TRAINER: - STITIPRANGYA MOHANTY, YOGA TRAINER

NO OF PARTICIPANTS: - 87

AIMS AND OBJECTIVES: -

Aims:

1. Increase students' awareness and understanding of stress, its causes, and its effects on physical and mental health.
2. Equip students with practical techniques and strategies to manage and reduce stress in their daily lives.

Objectives:

1. Provide students with a clear understanding of what stress is, including its physical, emotional, and psychological impacts.
2. Help students recognize common sources of stress in their lives, such as academic pressures, social challenges, and personal issues.

By focusing on these aims and objectives, a stress management program can effectively help students understand and manage stress, leading to improved mental health, academic performance, and overall well-being.



(YOGA AND STRESS MANAGEMENT ON DATE.-21/06/2018)

NAME OF THE PROGRAMME- DOMESTIC PEACE MANAGEMENT
ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA

DATE-18.09.2021

NAME OF RESOURSE PERSON: -SAROJ KUMAR SAHOO, CHAIRPERSON, IPER, BBSR

NO OF PARTICIPANTS: - 40

AIMS AND OBJECTIVES: -

AIMS: -

1. Deepen participants' understanding of domestic peace management, including its principles, practices, and challenges.
2. Raise awareness about the importance of maintaining peace within domestic settings, such as families, communities, and institutions.

OBJECTIVES: -

1. Clearly define what is meant by "domestic peace" and "peace management" in the context of families, communities, and institutions.
2. Identify and discuss common challenges and obstacles to maintaining peace in domestic settings.

DERABIS COLLEGE, DERABISH



Domestic Peace Management

In Collaboration With
Institute of Professional Education and Research
Date- 18.09.21
Speaker- Saroj Kumar Sahu, Chairperson



(DOMESTIC PEACE MANAGEMENT ON DATE-18/09/2021)

NAME OF THE PROGRAMME- COVID-19 AWARENESS PROGRAM IN COLLABORATION WITH NEHERU YUVA KENDRA, KENDRAPARA, MINISTRY OF YOUTH AND SPORTS, GOVT.OF INDIA

DATE-26.07.2021

NO OF PARTICIPANTS: - 21

AIMS AND OBJECTIVES: -

AIMS: -

1. Raise public awareness about COVID-19, including its transmission, symptoms, and impact on health and society.
2. Educate individuals on effective prevention strategies to reduce the spread of COVID-19.

OBJECTIVES: -

1. Provide clear information on the symptoms of COVID-19 and how the virus spreads.
2. Explain the importance of recognizing symptoms early and seeking medical advice.

By focusing on these aims and objectives, your COVID-19 awareness program can effectively inform and engage the community, ultimately contributing to better public health outcomes.



COVID 19 AWARENESS PROGRAM DATE-26.07.2021

NAME OF THE PROGRAMME- EMOTIONAL INTELLIGENCE(YOGA) ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA

DATE-03.07.2021 TO 09.07.2021

MASTER TRAINER: - STITHI MALLICK

NO OF PARTICIPANTS: - 24

AIMS AND OBJECTIVES: -

AIMS: -

1. Develop participants' self-awareness by helping them recognize and understand their emotions through yoga practices.
2. Use yoga techniques to teach participants how to manage and regulate their emotions effectively.

OBJECTIVES: -

1. Provide techniques to help participants identify and label their emotions accurately.
2. Equip participants with tools to manage emotional responses and reduce emotional reactivity.

By focusing on these aims and objectives, the program can effectively blend emotional intelligence with yoga, leading to improved emotional health and overall well-being for participants.



(EMOTIONAL INTELLIGENCE (YOGA) DATE-03.07.21 TO 09.07.21)

**NAME OF THE PROGRAMME- WORLD ENVIRONMENT DAY
IN COLLABORATION WITH NEHERU YUVA KENDRA, KENDRAPARA,
MINISTRY OF YOUTH AND SPORTS, GOVT.OF INDIA**

DATE-05.06.2022

NO OF PARTICIPANTS: - 24

AIMS AND OBJECTIVES: -

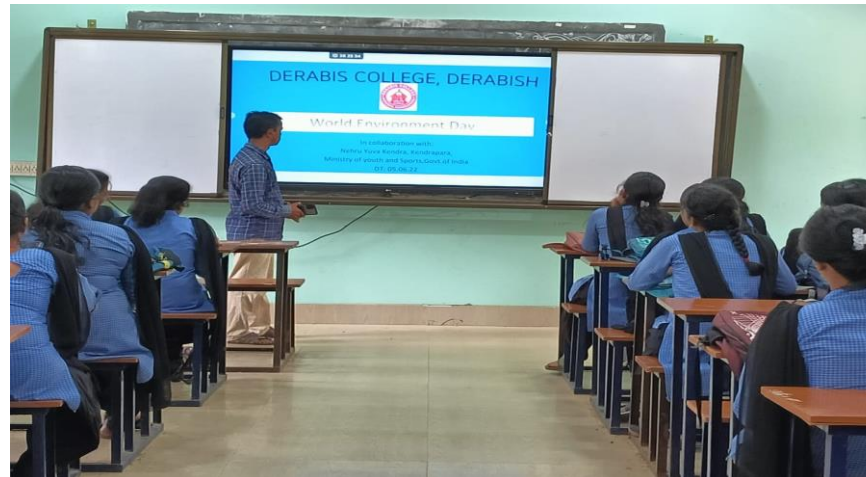
AIMS: -

1. Increase awareness about key environmental issues and the importance of protecting our planet.
2. Encourage individuals and organizations to adopt sustainable practices and solutions.

OBJECTIVES: -

1. Provide in-depth information on pressing environmental issues such as climate change, deforestation, pollution, and biodiversity loss.
2. Highlight innovative solutions and practices that contribute to environmental sustainability.

By focusing on these aims and objectives, your World Environment Day seminar can effectively contribute to environmental awareness and action, fostering a greater commitment to sustainability among participants.



(WORLD ENVIRONMENT DAY, DATE- 05/06/2022)

**NAME OF THE PROGRAMME- ROAD SAFETY PROGRAM
IN COLLABORATION WITH NEHERU YUVA KENDRA, KENDRAPARA,
MINISTRY OF YOUTH AND SPORTS, GOVT.OF INDIA**

DATE-18.02.2021

NO OF PARTICIPANTS: - 95

AIMS AND OBJECTIVES: -

AIMS: -

1. Raise public awareness about the importance of road safety and the common causes of road accidents.
2. Educate individuals on safe driving, pedestrian, and cycling practices to reduce the risk of accidents.

OBJECTIVES: -

1. Provide comprehensive education on the major factors contributing to road accidents, such as speeding, impaired driving, and distracted driving.
2. Teach safe driving techniques, defensive driving strategies, and the importance of obeying traffic laws.

By focusing on these aims and objectives, your road safety program can effectively educate and engage participants, leading to improved road safety and a reduction in traffic accidents.



(ROAD SAFETY PROGRAMME, DATE-18.02.2021)

**NAME OF THE PROGRAMME- SPIRITUAL AND MORAL DEVELOPMENT
IN COLLABORATION WITH NEHERU YUVA KENDRA, KENDRAPARA,
MINISTRY OF YOUTH AND SPORTS, GOVT.OF INDIA**

DATE-17.02.2021

NO OF PARTICIPANTS: - 55

AIMS AND OBJECTIVES: -

AIMS: -

1. Support individuals in their journey of personal spiritual and moral development, enhancing their self-awareness and inner peace.
2. Encourage the adoption and practice of core ethical values and principles in daily life.

OBJECTIVES: -

1. Provide participants with an understanding of various spiritual principles and practices that can support their personal growth.
2. Highlight and encourage the practice of fundamental moral values such as integrity, compassion, and respect.

By focusing on these aims and objectives, your program can effectively support individuals in their spiritual and moral development, fostering personal growth, ethical behaviour, and a sense of community.



NAME OF THE PROGRAMME- A WORKSHOP ON INTERPERSONAL COMMUNICATION ORGANISED BY DERABIS COLLEGE, DERABISH, KENDRAPARA

DATE-05.11.2020 to 29.01.2021

NAME OF RESOURCE PERSON: - SUKANTA JENA, RETD ASSOCIATE PROFESSOR, INDUPUR COLLEGE

NO OF PARTICIPANTS: - 70

AIMS AND OBJECTIVES: -

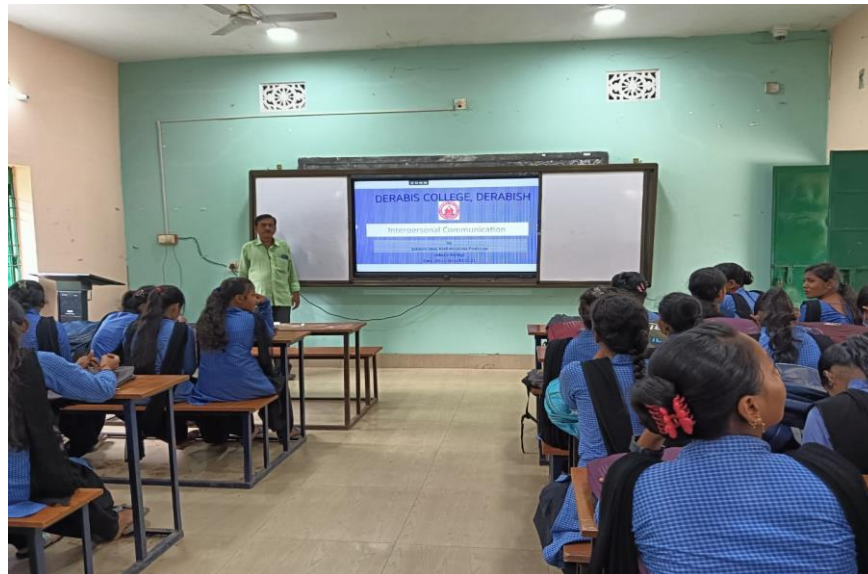
Aims:

1. Enhance participants' ability to communicate clearly and effectively in various interpersonal contexts.
2. Develop participants' active listening skills to improve understanding and responsiveness.

Objectives:

1. Provide participants with fundamental skills for effective communication, including clarity, conciseness, and appropriate tone.
2. Offer interactive exercises and role-playing scenarios that focus on verbal and non-verbal communication techniques.

By focusing on these aims and objectives, your workshop on interpersonal communication can provide participants with practical skills and insights to enhance their interactions and relationships both personally and professionally.



(A WORKSHOP ON INTERPERSONAL COMMUNICATION DATE-05.11.2020 to 29.01.2021)

**NAME OF THE PROGRAMME- SANITIZATION TO COMMUNICABLE DISEASE
IN COLLABORATION WITH NEHERU YUVA KENDRA, KENDRAPARA,
MINISTRY OF YOUTH AND SPORTS, GOVT.OF INDIA**

DATE-28.07.2020

NO OF PARTICIPANTS: - 44

AIMS AND OBJECTIVES: -

AIMS: -

1. Raise awareness about proper sanitization techniques and their importance in preventing the spread of communicable diseases.
2. Encourage adherence to hygiene standards and practices to minimize the risk of infection.

Objectives:

1. Provide detailed information on effective sanitization methods for various surfaces, objects, and environments to prevent disease transmission.
2. Emphasize the importance of personal hygiene practices, such as regular handwashing and proper respiratory hygiene.

By focusing on these aims and objectives, your program can effectively educate and empower participants to adopt and maintain effective sanitization practices, ultimately contributing to the prevention of communicable diseases and the enhancement of public health.

**NAME OF THE PROGRAMME- COVID-19 STRESS MANAGEMENT
IN COLLABORATION WITH NEHERU YUVA KENDRA, KENDRAPARA,
MINISTRY OF YOUTH AND SPORTS, GOVT.OF INDIA**

DATE-05.11.2020

NO OF PARTICIPANTS: - 46

AIMS AND OBJECTIVES: -

AIMS: -

1. Provide support and strategies for managing stress specifically related to the COVID-19 pandemic.
2. Enhance participants' overall mental well-being by offering tools and techniques to cope with stress and anxiety.

Objectives:

1. Increase understanding of stress and its specific impacts related to the COVID-19 pandemic, including anxiety, uncertainty, and isolation.
2. Teach practical stress management techniques that participants can incorporate into their daily lives.

By focusing on these aims and objectives, your COVID-19 stress management program can provide valuable support to individuals facing pandemic-related stress, helping them to navigate this challenging period with greater resilience and improved mental well-being.



(COVID-19 STRESS MANAGEMENT, DATE-05.11.2020)

**NAME OF THE PROGRAMME- FIT INDIA AWARENESS CYCLE RALLY
IN COLLABORATION WITH NEHERU YUVA KENDRA, KENDRAPARA,
MINISTRY OF YOUTH AND SPORTS, GOVT.OF INDIA**

DATE-18.01.2020

NO OF PARTICIPANTS: - 110

AIMS AND OBJECTIVES: -

AIMS: -

1. Encourage participants to adopt and maintain a healthy and active lifestyle through cycling and regular exercise.
2. Increase awareness about the benefits of physical activity and the Fit India Movement, which aims to inspire a culture of fitness and well-being.

Objectives:

1. Plan and execute a well-coordinated cycling rally, including route mapping, permits, safety measures, and logistical support.
2. Engage a diverse group of participants from various age groups and fitness levels, ensuring broad community involvement.

By focusing on these aims and objectives, you can create a successful and impactful Fit India Awareness Cycle Rally that not only promotes fitness but also engages and benefits the community.



(FIT INDIA AWARENESS CYCLE RALLY, DATE-18.01.2020)

**NAME OF THE PROGRAMME- SOCIAL EMPATHY (BLOOD DONATION)
IN COLLABORATION WITH NEHERU YUVA KENDRA, KENDRAPARA,
MINISTRY OF YOUTH AND SPORTS, GOVT.OF INDIA**

DATE-20.02.2020

NO OF PARTICIPANTS: - 57

AIMS AND OBJECTIVES: -

AIMS: -

1. Foster a sense of empathy and community spirit by encouraging individuals to contribute to a life-saving cause and support those in need.
2. Help alleviate local blood supply shortages by organizing a successful blood donation drive and increasing the availability of blood for patients in need.

Objectives:

1. Select a suitable date and location for the blood donation drive, ensuring it is accessible and convenient for participants.
2. Obtain necessary permissions and coordinate with local health authorities or blood banks for the event.

By focusing on these aims and objectives, you can create a meaningful and impactful blood donation drive that not only addresses immediate needs but also promotes a culture of empathy and community support.



(SOCIAL EMPATHY (BLOOD DONATION) CAMP ON 20.02 2020)